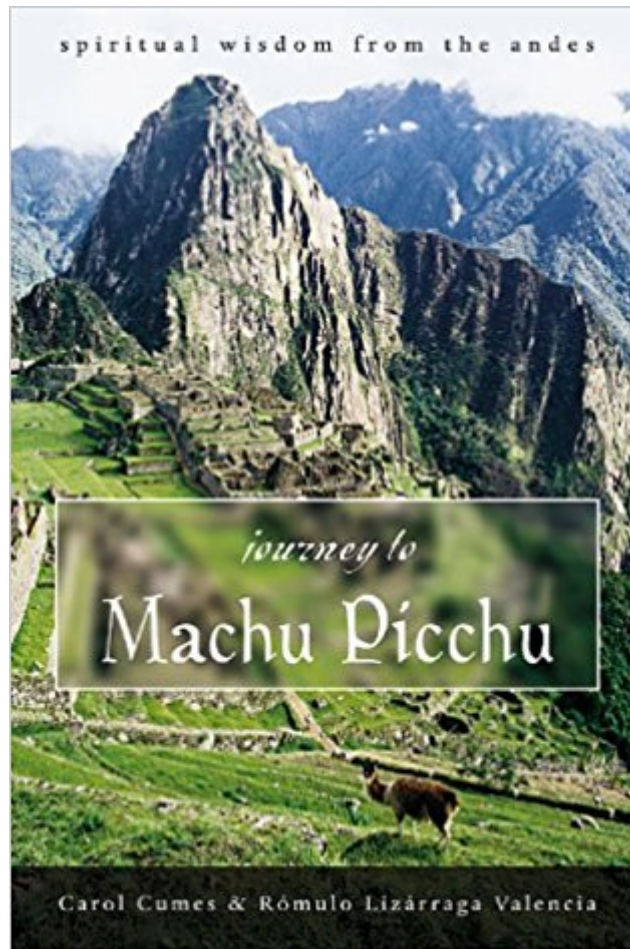




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# Journey To Machu Picchu: Spiritual Wisdom From The Andes



## Synopsis

You have probably heard about the mysteries of the Andes mountain dwellers in Peru. Now you can experience what it is like to go there when you read *Journey to Machu Picchu* (a revised and expanded edition previously titled *Pachamama's Children*) by Carol Cumes and RÃfÂ mulo LizÃfÂrraga Valencia. As you investigate the stories and experiences in these pages, complete with over 125 five photographs (almost sixty in full color), you will connect intimately with the people who have lived there for thousands of years. For this is the first book written about the traditions and spirituality of the Quechua people of Qosqo and Machu Picchu. In fact, it is the only written testament to the rich heritage of today's Quechua, who believe they emerged from the depths of Pachamama, the Mother Earth. As you read this book you will enter the mystical and seemingly inexplicable realities of the Andean people. You will discover their rites and rituals, songs and festivals, and methods of healing using herbs such as coca leaf, ayawaska, and San Pedro cactus. As you learn the beliefs and methods of these people, their world of dignity, self-respect, and self-love will steal into your soul. For Machu Picchu is more than just a place and a power center. It is also people, land, and thousands of years of culture. *Journey to Machu Picchu* will transport you to a place of hope, respite, and healing that will, in turn, energize your commitment to yourself and to the world around you.

## Book Information

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## Customer Reviews

Carol Cumes has studied with curanderos and Andean healers in the jungles, deserts and mountains of Peru for over a decade. The owner of a travel company specializing in spiritual

journeys to Peru, Carol lectures frequently on Andean spirituality. She is a trained Flower Essence practitioner and Yoga instructor. Romulo Lizarraga Valencia is Quechua, born on a farm in the Machu Picchu district. Romulo received a post-graduate license in tourism and today lectures and leads excursions as a professional Andean trail guide. ~

I've always wanted to go to M.P and probably would have gone any old way. Now, I want to go on one of Carol's Magical Journeys! To me MP represented beautiful and fascinating remains of the Incan people. Now, I am also fascinated by the Quechua people who lived there prior to the Incans and to this day. It is these people that the book is really about and it reveals their belief systems, ceremonies, ways of life. Now I feel that a visit wouldn't be complete without a shamanic ceremony - a real one not the disrespectful fakes that are marketed to tourists by some non believers. Also, the book includes an interesting section about Hiram Bingham, the Yale professor credited with discovering MP. It lays out the controversy that surrounds him but also includes a letter written by one of his descendents for counterpoint. Anyone who is not only interested in MP but the indigenous residents of the surrounding areas will appreciate this book.

I know the author personally. His family has lived at the base of Machu Picchu for many, many years and knows the area and history in-depth. Anyone who wants to know the true history of Machu Picchu would do well to read this astounding book.

Excellent! I highly recommend it!

Great as a gift to my father whose interest matches the content. Good one

VERY informative and beautifully written (though I think some cultural words were misspelled).. The background of the spiritual world in the Andes is beautifully described and very informative... I was born in the Andes and have learned A LOT from reading this book.. Too bad her tours are sooo expensive! =(

All good what I expected!

Journey to Machu Picchu is not a travel guide, but a glimpse at the magic and spirituality of the Peruvian Andes. A mixture of folk lore, the authors' personal experience, stories from living

Quechuans (the direct blood line of the Inca), this book isn't for everyone. But, if you're interested in the spiritual aspect of Machu Picchu or the Andes, then this is required reading.

Book arrived super fast and was a good price. Arrived in unpadded manilla envelope and was slightly squished in one corner-would have preferred padded envelope. If this were a gift to be given to somebody else, I would have not been pleased.

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